



# Concepts of Care Managing Adults With Disabilities

Education for Group-Home Staff  
and Personal-Care Assistants

Saturday, August 8, 2009  
8:00 a.m. to 4:00 p.m.

Gillette Lifetime Specialty Healthcare  
St. Paul – Phalen Clinic  
435 Phalen Boulevard  
St. Paul, MN 55130



**Gillette Lifetime**  
*Specialty Healthcare*



# Concepts of Care Managing Adults With Disabilities

## Seminar Description

This seminar is designed for personal-care assistants, group-home workers and other people who care for adolescents and adults who have disabilities. Presentations will include information about how to care for adolescents and adults who have disabilities including cerebral palsy, spina bifida and other conditions. Participants also will rotate through eight half-hour breakout sessions.

## Objectives

Participants will learn strategies for:

- Communicating with people who have speech and language difficulties
- Positioning patients in wheelchairs and beds
- Performing safe transfers
- Helping patients perform range-of-motion exercises with their arms and legs
- Applying splints and braces
- Understanding wheelchairs, gait trainers and standers

# AGENDA

8:00 to 8:30 a.m.	Registration
8:30 to 8:35 a.m.	<b>Welcome</b> Ronna Linroth Manager, Adult Outpatient Services Gillette Lifetime
8:35 to 9:00 a.m.	<b>Back to Basics: Cerebral Palsy, Spina Bifida, and Developmental Delay</b> Jenny Wilhelmy, C.N.P. Nurse Practitioner Gillette Lifetime
9:00 to 9:30 a.m.	<b>Pathways to Understanding Nonverbal Pain</b> Mary Johnson, R.N. Registered Nurse Gillette Lifetime
9:30 to 10:00 a.m.	<b>Communicating With People Who Have Limited Verbal Skills</b> Anita Schermer, M.A., C.C.C., S.L.P. Speech and Language Pathologist Gillette Lifetime
10:00 to 10:15 a.m.	Break
10:15 a.m. to 12:15 p.m.	<b>Morning Breakout Sessions</b>
12:15 to 12:45 p.m.	Lunch
12:45 to 4:00 p.m.	<b>Afternoon Breakout Sessions</b>
4:00 p.m.	Complete Seminar Evaluations

# INFORMATION

## BREAKOUT SESSIONS

All participants will rotate through the following breakout sessions:

### Session A — **Wheelchair Positioning**

Karen Ostenso, P.T.  
Physical Therapist,  
Gillette Children's Specialty Healthcare

### Session B — **Bed Positioning**

Nancy Kulkulka, P.T.  
Physical Therapist, Gillette Lifetime

### Session C — **Performing Safe Transfers**

Lynda Woodman, P.T.A.  
Physical Therapist Assistant,  
Gillette Lifetime

### Session D — **Upper Extremity Range of Motion**

Cathy McMillin, O.T.R./L., A.T.P.  
Occupational Therapist,  
Gillette Lifetime

### Session E — **Lower Extremity Range of Motion**

Jackie Norling, P.T.  
Physical Therapist, Gillette Lifetime

### Session F — **Splints and Braces**

Katie Duff, O.T.R./L.  
Occupational Therapist,  
Gillette Lifetime

David Kuentler, C.O., C.Ped.  
Supervisor, Orthotics, Prosthetics and Seating, Gillette Lifetime

### Session G — **Wheelchair Basics**

April Pate, A.T.P.  
Seating Practitioner, Gillette Lifetime

### Session H — **Standers and Gait Trainers**

Laura Gueron, M.P.H., P.T.  
Physical Therapist, Gillette Lifetime

The fee for the seminar is \$25 per person, which covers seminar materials, a box lunch and refreshments. Please mail your check with your registration form.

**Registration deadline: July 24, 2009.**

Enrollment is limited; register early. For more information about seminar content, call: Nancy Mitchell at 651-634-1924 or 800-719-4040 (toll-free). Or e-mail her at [nmitchell@gillettechildrens.com](mailto:nmitchell@gillettechildrens.com).

For registration information, call Mary Grimm at 651-578-5002 or 800-719-4040 (toll-free). Or e-mail her at [mgrimm@gillettechildrens.com](mailto:mgrimm@gillettechildrens.com).

## SEMINAR LOCATION

Gillette Lifetime Specialty Healthcare  
St. Paul – Phalen Clinic  
435 Phalen Boulevard  
St. Paul, MN 55130

A detailed map will be sent with your registration confirmation.

## ACCREDITATION

Health-care providers must determine if this activity meets their professional requirements for continuing education credit; Gillette will provide certificates of attendance.

# CONFERENCE REGISTRATION

## Concepts of Care Managing Adults With Disabilities August 8, 2009

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

E-mail \_\_\_\_\_

Daytime phone (\_\_\_\_) \_\_\_\_\_ Fax \_\_\_\_\_

\*Special needs (mobility, hearing, vision, meals, etc.) \_\_\_\_\_

---

\*All requests will be kept confidential.

Total number of attendees \_\_\_\_\_

\$25 per person Amount enclosed \$ \_\_\_\_\_

Please make checks payable to: Gillette Children's Specialty Healthcare.

**Mail payment and registration form to:**  
Gillette Children's Specialty Healthcare  
Attn: Mary Grimm, Continuing Medical Education  
200 University Ave. E.  
St. Paul, MN 55101