

**SAVE
THE
DATE**

Pain and Disability Across the Lifespan Conference



**Oct. 8 - 9,
2009
St. Paul, Minn.**

This conference will address current research and clinical practices regarding pain mechanisms, assessments and management in people who have neurologic impairments and developmental disorders.

At the full-day course on Oct. 9, attendees will have the opportunity to participate in small, clinical forums with scientists. The forum discussion will focus on the implications of current research evidence for bedside practices.

Thursday, Oct. 8, 2009

3:00 to 7:30 p.m.

Gillette Children's Specialty Healthcare (Conference Rooms C and D)
200 University Ave. E.
St. Paul, MN 55101

Agenda: Presenters will discuss findings on pain and comfort mechanisms, assessments and pain-management techniques.

Friday, October 9, 2009

8:00 a.m. to 5:00 p.m.

Holiday Inn - St. Paul East
2201 Burns Ave.
St. Paul, MN 55119

Agenda: Researchers will discuss topics that relate to the neuroscience, assessment and management of pain in people, from infancy to adulthood, who have disabilities.



We will have a full conference brochure available on our Web site (www.gillettechildrens.org) on June 15, 2009. If you have questions about conference content, call John Belew, R.N., nurse researcher, at 651-726-2621 or 800-719-4040 (toll-free). Or you can e-mail him at jbelew@gillettechildrens.com.

Topics and Presenters

Nonverbal Pain Measurement

Lynn Breau, Ph.D.
Psychologist, Pediatric Complex Pain Team
IWK Health Centre, Halifax, Nova Scotia

Lynn Breau, Ph.D., is on the pediatric complex pain team at IWK Health Centre, a regional hospital for women and children. For several years, she has researched pain in people – from infancy to adulthood – who have intellectual disabilities. Dr. Breau developed the *Non-Communicating Children's Pain Checklist*, a widely used pain-assessment tool.

Pain and Cerebral Palsy

Joyce Engel, Ph.D., OTR/L
Professor, Department of Rehabilitation Medicine
University of Washington, Seattle, Wash.

Joyce Engel, Ph.D., is a professor, researcher and occupational therapist in the Department of Rehabilitation Medicine at the University of Washington in Seattle. Her research emphasizes pain evaluation and chronic pain-management interventions, particularly in youth and adults who have cerebral palsy and other disabilities. Dr. Engel is the principal investigator for a National Institutes of Health research study on the effects of relaxation training in children who have physical disabilities and related pain.

Pain and Neurodevelopment

Tim Oberlander, M.D.
Professor, Department of Pediatrics
University of British Columbia, Vancouver, B.C.
Developmental Pediatrician, Complex Pain Service
Children's & Women's Health Centre of British Columbia, Vancouver, B.C.

Tim Oberlander, M.D., is one of the world's leading researchers in the biobehavioral aspects of pain in infants and children who have various developmental disorders and prenatal exposure to maternal depression and/or antidepressants. In his current research, he also studies the relationship between pain behaviors and child development.

Gillette Children's Specialty Healthcare is accredited by the Minnesota Medical Association to provide continuing medical education for physicians.

Application for contact hours has been made to CNE-Net, the education division of the North Dakota Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

For more information about contact hours, call John Belew at 651-726-2621. Or e-mail him at jbelew@gillettechildrens.com.

Pediatric Palliative Care

Hal Siden, M.D., M.H.Sc.
Clinical Associate Professor
Department of Pediatrics, Division of Palliative Care
University of British Columbia, Vancouver, B.C.
Medical Director
Canuck Place Children's Hospice, Vancouver, B.C.

Hal Siden, M.D., is a physician on the complex pain service at British Columbia Children's Hospital in Vancouver. He directs the physician team at Canuck Place Children's Hospice and collaborates in putting research and educational programs into practice. Dr. Siden has advanced training in developmental pediatrics, palliative medicine and pain management. He is lead researcher in a U.S. and Canadian health research study that's investigating a myriad of issues concerning palliative care for children.

Pain Assessment

Terri Voepel-Lewis, R.N., M.S.
Clinical Nurse Specialist
Department of Anesthesiology
University of Michigan Health Systems
Ann Arbor, Mich.

Terri Voepel-Lewis, R.N., M.S., has extensive experience in research that relates to pain assessment in children. Her research also has focused on assessment and differentiation of agitation as well as postoperative pain outcomes in children. Voepel-Lewis codeveloped the Face, Legs, Activity, Cry, Consolability (FLACC) scale, a widely used behavioral pain-assessment tool.

