Ketogenic Diet Resources

These resources will provide you with more information about epilepsy and the ketogenic diet.

**Gillette Children’s Specialty Healthcare Ketogenic Diet Team**

This team includes pediatric neurologists, pediatricians, dieticians, and nurses who are experts in caring for children with epilepsy who are on the ketogenic diet.

**The Charlie Foundation**

[www.charliefoundation.org](http://www.charliefoundation.org)

The foundation raises awareness about the ketogenic diet as a treatment for childhood epilepsy by educating professionals and informing families about the diet. The parents of a child whose epilepsy was controlled after going on the ketogenic diet started the foundation.

**Epilepsy Therapy Project**

[Epilepsy therapy project](http://www.epilepsytherapyproject.org) provides financial support and scientific direction to make new therapies available for patients. Their key programs include epilepsy.com and Professionals and the Epilepsy Study Consortium at [www.epilepsyconsortium.org](http://www.epilepsyconsortium.org).

**Citizens United for Research in Epilepsy (CURE)**

[www.cureepilepsy.org](http://www.cureepilepsy.org)

This nonprofit organization raises funds for research to find a cure for epilepsy and increases awareness of the prevalence and devastation of the disease.

**Glycemic Index**

[www.glycemicindex.com](http://www.glycemicindex.com)

The glycemic index ranks carbohydrate foods based on how they affect your blood sugar. This website provides information about the glycemic index, glycemic diets, and glycemic foods and recipes.

*Make An Appointment 651-290-8707 Refer a Patient 651-325-2200*