

# Occupational Therapy After Acquiring A Brain Injury



Brain injury symptoms and functional outcomes after occupational therapy are unique to each individual. The goal of occupational therapy is to maximize functional independence and mobility during rehabilitation at Gillette. Each occupational therapy plan of care is customized to you and your family's needs by working as a team. The following information is meant to provide you with general information on what occupational therapy may address after a brain injury.

After an acquired brain injury occupational therapy may address:

- Self-care skills: self-feeding, dressing, bathing, and grooming activities
- Maximizing independence with bed mobility, transfers, sitting balance and postural control
- Functional cognitive skills including skills such as: organization, planning and sequencing, safety awareness, attention and memory
- Use of upper extremities including: strength, range of motion and coordination
- Evaluate need for specialized equipment such as bath chair, commode chair, specialized beds
- Fitting with upper extremity orthotics to improve a specific function or to maintain range of motion
- Functional vision skills including visual attention, moving eyes smoothly to read, and scanning the environment
- Specialized treatment modalities may be used including: functional electric stimulation, aquatic therapy, guided arm and hand training with individualized arm weight support (Armeo Spring), Sanet Vision Integrator (SVI).

**Appointment: 651-290-8707**

**Refer a Patient: 651-325-2200**

**Pediatric Expert Consult (<https://www.gillettechildrens.org/conditions-care/pediatric-expert-consult>)**

**More Ways to Contact Us (<https://www.gillettechildrens.org><https://www.gillettechildrens.org/contact-us>)**

This information is for educational purposes only. It is not intended to replace the advice of your health care providers. If you have any questions, talk with your doctor or others on your health care team.

If you are a Gillette patient with urgent questions or concerns, please contact Telehealth Nursing at [651-229-3890](tel:651-229-3890).