

Adenoidectomy: After Surgery Discharge Instructions

Adenoidectomy is surgery to remove adenoids.

After Surgery

Adenoidectomy causes mild discomfort. That might mean your child has a sore neck, earache, stuffy nose, slight fever or sore throat. Snoring might continue for two or three weeks. Bad breath is common.

Caring for Your Child

Nose blowing and spitting might cause bleeding. Wipe your child's nose gently, as needed. Encourage your child to open the mouth and make a sound to prevent pressure from building when sneezing.

Eating and Drinking

Follow the guidelines in the patient education handout about general anesthesia discharge instructions.

Call your doctor if your child:

- Refuses to drink
- Has pain that doesn't get better with medicines
- Doesn't urinate at least every 8 hours
- Continues to have upset stomach or vomiting
- Has a temperature of a temperature higher than

☐ 102.5 F by mouth

☐ 101 F under the arm

[Make An Appointment 651-290-8707](#) [Refer a Patient 651-325-2200](#)

This information is for educational purposes only. It is not intended to replace the advice of your health care providers. If you have any questions, talk with your doctor or others on your health care team.

If you are a Gillette patient with urgent questions or concerns, please contact Telehealth Nursing at [651-229-3890](#).