

Artificial Urinary Sphincter

You are ready to care for your artificial urinary sphincter at home. This device allows for 98 percent bladder control. Below are some guidelines for using your artificial sphincter:

1. Drink a normal amount of daily fluids. Check with your doctor if you are unsure about how much is a normal amount.
2. Empty your bladder first thing every morning and at least every three to four hours during the day. Empty the bladder again before bedtime.
3. The sphincter bulb may be pumped as many times as needed to empty the bladder. After 2-3 pumps, the cuff will deflate, and the urethra will open to allow you to urinate. It will take three to four minutes before the cuff is fully inflated again.
4. Both you and your parents should carry identification cards that say you use an artificial sphincter. If emergency care is needed outside of Gillette Children's, other health care providers must be aware that you use this device.

Call Telehealth Nursing at 651-229-3890 if any of the following conditions are present:

- Drainage, swelling or increased redness in the genital area
- A feeling of increased heat around the surgical incision, which could be a sign of infection
- Bladder distention
- A feeling of fullness, urgency to void or discomfort
- Undue tenderness and tightness

[Make An Appointment](#) [651-290-8707](tel:651-290-8707)

This information is for educational purposes only. It is not intended to replace the advice of your health care providers. If you have any questions, talk with your doctor or others on your health care team.

If you are a Gillette patient with urgent questions or concerns, please contact Telehealth Nursing at [651-229-3890](tel:651-229-3890).