

Caudal Block Discharge Information

Your child received an anesthetic neuraxial block during surgery. This means that a medicine was placed near your child's spine to decrease pain after surgery.

Diet

Follow guidelines as outlined in General Anesthesia handout.

Activity

Watch your child closely until full sensation and muscle strength returns below the belly button (when he/ she is able to feel something touching their lower body). Your child may not have full return of normal sensation to the lower body for two to eight hours. Keep sharp, hot and cold objects away until normal sensation returns. Muscle weakness may occur as well and will gradually resolve over the same time period. Help your child walk or carry them until they are steady on their feet.

Pain Management

Acetaminophen/Tylenol may be given for pain as directed by your doctor.

Urination

Your child may not feel the urge to pee and may "wet their pants" as the block wears off. This is normal. Call the doctor if your child is unable to pee within 12 hours after surgery.

Questions or Problems

Contact Telehealth Nursing at 651-229-3890 if you see any of the following:

- Fever over 101.5 F
- Throat irritation
- Severe pain

[Make An Appointment](#) [651-290-8707](tel:651-290-8707)

This information is for educational purposes only. It is not intended to replace the advice of your health care providers. If you have any questions, talk with your doctor or others on your health care team.

If you are a Gillette patient with urgent questions or concerns, please contact Telehealth Nursing at [651-229-3890](tel:651-229-3890).