

Comprehensive Inpatient Rehabilitation

What Is Comprehensive Inpatient Rehabilitation?

After some injuries or complex surgeries, kids need to stay in the hospital to recover and restore strength, cognition or mobility. During this time, kids may receive our [full scope of services](#) for comprehensive inpatient rehabilitation care. Working closely with your family, the goal of rehabilitation is to return kids to their homes, schools and communities as soon as possible.



Our Welcome to Rehabilitation video offers a great way for patients and families to learn about the services we offer and see our facilities and technology.

Conditions Comprehensive Inpatient Rehabilitation Treats

Some kids come to our rehabilitation hospital through Minnesota's first [Level I Pediatric Trauma Center](#), which we operate in partnership with Regions Hospital. Others transfer from other facilities as soon as they're medically stable.

We typically provide comprehensive rehab for the following conditions and after:

- [Brain injury](#) and related neurotrauma.
- Other traumatic injuries.
- Neuroimmunological conditions such as transverse myelitis, Guillain-Barre syndrome, or [Acute Disseminated Encephalomyelitis \(ADEM\)](#).
- Surgery to remove tumors of the brain or spinal cord.
- Injury to the brain from lack of oxygen following submersion or suffocation.
- [Selective dorsal rhizotomy \(SDR\) surgery](#).

- **Single event multilevel surgery (SEMLS).**
- **Spinal cord injury and related neurotrauma.**
- Infections such as meningitis or encephalitis.

Integrated Care

At Gillette, your child will be in the care of some of the nation's top providers of comprehensive inpatient rehabilitation care for children and teens. **Our pediatric rehabilitation program** is one of the largest in the Upper Midwest. We also offer the nation's highest concentration of board-certified **pediatric rehabilitation medicine specialists**, all in a family-centered environment.

Some of the spaces in our inpatient rehabilitation facility mimic environments kids encounter in their everyday lives, such as the kitchen and the playground. This helps get ready for the transition home.

If your child or teen needs rehabilitation care, our pediatric rehabilitation medicine physicians will create a custom treatment program involving specialists from a wide variety of disciplines. Many of our nurses and nurse practitioners are certified in pediatrics, neurosciences, rehabilitation and wound care.

Your family will also have access to our vast array of medical and surgical specialties, including:

- **Orthotics, Prosthetics and Seating.**
- Audiology
- **Chaplaincy.**

- **Child life.**
- Craniofacial Surgeon
- Imaging
- **Neurology.**
- **Neuropsychology.**
- **Neurosurgery.**
- **Nutrition and feeding.**
- **Orthopedics.**
- **Pediatric intensive care (critical care).**
- **Pediatrics and general medicine.**
- **Psychology.**

- [Radiology and imaging.](#)
- [Rehabilitation medicine.](#)
- [Rehabilitation therapies.](#)
- [School services.](#)
- Sleep Medicine
- [Social work.](#)
- [Therapeutic recreation.](#)

Throughout their journey, your child will have the support of one of the nation's top rehabilitation programs accredited by the [Commission on Accreditation of Rehabilitation Facilities \(CARF\)](#). Gillette is one of just three pediatric specialty programs in Minnesota accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF) to meet the needs of young children and adolescents seeking acute inpatient rehabilitation. Ours is one of eight U.S. pediatric inpatient rehabilitation facilities to have CARF accreditation for both its pediatric specialty and pediatric brain injury programs.

Locations

Your child or teen will receive comprehensive inpatient rehabilitation care in a private room at our St. Paul Campus. Our inpatient rehab and physical therapy spaces are specifically designed to support the needs of patients who have disabilities and complex injuries that began in childhood. Some of our inpatient rooms include advanced technology such as voice or visual activation to help kids communicate with their caregivers or do basic things like turn on the lights.

We also offer outpatient rehabilitation therapies at our clinics throughout the Twin Cities. See all Gillette [hospital and clinic locations.](#)



[St. Paul Campus](#)

Make An Appointment

[651-290-8707](#)

Refer a Patient

[651-325-2200](#)

This information is for educational purposes only. It is not intended to replace the advice of your health care providers. If you have any questions, talk with your doctor or others on your health care team.

If you are a Gillette patient with urgent questions or concerns, please contact Telehealth Nursing at [651-229-3890](#).