

Endoscopy: Same-Day Surgery Discharge Instructions

About Endoscopy

During an endoscopy (also called an upper endoscopy) the doctor uses a flexible tube with a light on the end to examine the esophagus, stomach, and/ or first part of the small intestine. A biopsy (a small piece of tissue taken for study) may be done and pictures may be taken. An endoscopy may also be done to remove an object stuck in the esophagus or stomach.

If a biopsy is done, the doctor will call with the results within 3 to 5 days.

Pain/Comfort

There should be little pain after Endoscopy. Although you may experience:

- An upset stomach for 1 day
- Bloating feeling because of the air that got into the intestine
- Mild sore throat for 1 or 2 days
- Hoarse voice for 1 or 2 days

If you have some pain, use a pain relieving medicine such as acetaminophen.

Contact Telehealth Nursing at 651-229-3890 if any of the following conditions are present:

- Fever over 101.5 F
- Throat irritation
- Severe pain

Make An Appointment

[651-290-8707](tel:651-290-8707)

Refer a Patient

[651-325-2200](tel:651-325-2200)

This information is for educational purposes only. It is not intended to replace the advice of your health care providers. If you have any questions, talk with your doctor or others on your health care team.

If you are a Gillette patient with urgent questions or concerns, please contact Telehealth Nursing at [651-229-3890](tel:651-229-3890).