

Gastric Tube (G-tube) Emergency Instructions

You will need to use this information if your gastric feeding tube (g-tube) comes out.

If the stoma opening is less than two weeks old:

1. Tape gauze over the stoma opening.
2. Go to the emergency room. Don't wait.
3. Call Pediatric Surgery at (612-626-4214).

If stoma opening is between two weeks and eight weeks old:

4. Use the emergency g-tube kit
5. Call Pediatric Surgery (612-626-4214)
6. Go to the emergency room.

** You need to get to the emergency room within 1 to 2 hours of when the g-tube came out. Otherwise, the opening will begin to close.

If stoma opening is more than eight weeks old:

If you have not been shown in clinic how to change a g-tube:

7. Use the emergency g-tube kit
8. Go to the emergency room
9. Call Pediatric Surgery (612-626-4214)

If you have been shown in clinic how to change a g-tube, follow these instructions:

- If the balloon is not broken put the same g-tube back in.
- If balloon is broken, put new Mic-Key g-tube in.

** Always have a spare Mic-Key button and/or an emergency g-tube kit with a Foley catheter with you.

Emergency G-Tube Kit

We will send you home with the supplies you'll need if the g-tube is accidentally removed from the stomach. Your

Emergency G-Tube Kit will contain the following supplies:

- Silicon Foley catheter with a diameter that's at least two sizes smaller (French scale) than current g-tube.
- Plug for end of Foley catheter
- Two 5 ml normal saline syringes to inflate balloon on silicon Foley catheter
- Water soluble gel to lubricate Foley catheter
- Piece of microfoam tape, 1" by 6"

Placing an Emergency G-Tube

10. Wash hands.

11. Wash stoma area with a damp cloth.

12. Open the Foley catheter package and lubricate the balloon tip of the catheter.

13. Place blue catheter plug into the large end of the Foley catheter. The plug prevents stomach contents from leaking out after Foley catheter is inserted.

14. Hold the Foley catheter perpendicular to the stomach.

15. Gently insert the Foley catheter through the stoma opening. NEVER FORCE THE TUBE. The Foley catheter should go into the stoma opening at least the length of the original g-tube. Look for stomach contents draining through Foley catheter. This indicates the Foley catheter is in the stomach.

16. Use the balloon valve to inflate the balloon with pre-filled normal saline syringe. This should not be painful.

17. Gently pull back on the Foley catheter until there is resistance.

18. Wrap the tape around Foley catheter several times about ¼ inch from abdomen. This prevents the catheter from being pulled into the stomach.

19. Call Pediatric Surgery (612-626-4214) for further instructions.

Gastric Tube Emergency Instructions Video

VIDEO: www.gillettechildrens.org/EDR106

Gastric Tube (G-tube) Emergency Instructions - Somali

[Download the PDF](#)

Gastric Tube (G-tube) Emergency Instructions - Spanish

[Download the PDF](#)

Make An Appointment

651-290-8707

Refer a Patient

651-325-2200

This information is for educational purposes only. It is not intended to replace the advice of your health care providers. If you have any questions, talk with your doctor or others on your health care team.

If you are a Gillette patient with urgent questions or concerns, please contact Telehealth Nursing at **651-229-3890**.