

Pediatric Sports Medicine

What is Pediatric Sports Medicine?

If your child sustains an injury during exercise, sports, or another type of physical activity, they might need to see a pediatric sports medicine doctor for treatment. While some sports medicine doctors work with professional athletes, some treat children and teens who have injuries due to physical activities.

How is Sports Medicine at Gillette Different?

Children who have disabilities or complex conditions can have sports-related or soft tissue (tissues that connect, support, or surround other structures and organs of the body) injuries. While there are many facilities that treat orthopedic sports-related and soft tissue injuries, few have the pediatric services needed to meet the needs of children, such as pediatric physical therapy and anesthesia. Even fewer are equipped to meet the needs of children who have disabilities or complex conditions.

To better serve your child's needs, Gillette pediatric orthopedic surgeon, [Trent Cooper, MD](#), an expert in treating orthopedic conditions in children who have disabilities and complex conditions, has partnered with orthopedic surgeon, [Marc Tompkins, MD](#), who specializes in sports medicine. In addition, [Gillette pediatric physical therapists](#) and pediatric anesthesia services are available to support sports medicine patients.

Sports Medicine Conditions Treated at Gillette

Sports-related and soft tissue injuries can have causes such as trauma, overuse, an imbalance of strength or joint range of motion, or pre-existing conditions. Our sports medicine experts understand underlying causes and can determine the best treatments for the following conditions:

- Meniscus injuries.
- ACL tear.
- PCL tear.
- MCL and LCL tear.
- Discoid meniscus.
- Tibial spine/eminence fracture.
- [Patellar instability and patellofemoral pain](#).
- Patellar dislocation.
- [Osteochondritis dissecans \(OCD\)](#).
- Ligament injuries (Not general ligamentous laxity unless specific problem).

- Shoulder instability.
- Shoulder dislocation biceps injuries.
- Cartilage injuries and defects.
- Patellofemoral syndrome.

Collaborative Care

Gillette sports medicine providers are orthopedic experts who've chose to specialize in the unique needs of children and teens who have complex conditions and injuries. Count on Gillette to bring together services in a way that's both comprehensive and convenient.



[Trenton Cooper, DO, MS](#)

[Pediatric Orthopedic Surgeon](#)



[Marc Tompkins, MD](#)

[Orthopedic Surgeon - Sports Medicine](#)

If your child has a sports-related or soft tissue injury, we'll help you coordinate the services and specialties you need. For comprehensive sports injury treatment, your family might work with experts in:

- [Orthotics, Prosthetics and Seating.](#)
- [Child life.](#)
- Nursing.
- [Occupational therapy.](#)
- [Orthopedics.](#)
- [Physical therapy.](#)
- [Radiology and imaging.](#)
- [Rehabilitation medicine.](#)
- [Social work.](#)
- [Therapeutic recreation.](#)

Locations



[St. Paul Campus](#)

[Make An Appointment](#) [651-290-8707](#)

This information is for educational purposes only. It is not intended to replace the advice of your health care providers. If you have any questions, talk with your doctor or others on your health care team.

If you are a Gillette patient with urgent questions or concerns, please contact Telehealth Nursing at [651-229-3890](#).