

Postoperative Discharge Information Following Laser Treatment

Diet/Nausea

Follow the guidelines as outlined in the [general anesthesia handout](#).

Site Care

Immediately after treatment, the skin on the lased area may turn dark gray or appear bruised. This may last for up to two weeks.

Do not rub, scratch or pick at the treated area while the bruising/red discoloration is present. Avoid rubbing or pressure caused by clothing. If the area becomes blistered, tender, reddened or shows signs of infection, please call the office immediately.

You may shower but after doing so, gently pat the treated area dry. Infants and toddlers may bathe.

Avoid exposure to the sun. If sun exposure is expected, apply a sunscreen of SPF 30 or higher for eight weeks to prevent pigmentation changes. If the lesion has a scab or if there are tissue changes, cover the area with a dressing while it is exposed to the sun.

Apply antibiotic ointment, Polysporin or Bacitracin, two to three times a day for ten days.

Pain/Comfort

Acetaminophen (Tylenol) or ibuprofen (Motrin) may be given for pain as directed by your doctor.

Questions or Problems

Contact Telehealth Nursing at 651-229-3890 if you see any of the following:

- Bleeding
- Fever over 101 F
- Foul-smelling drainage
- Pain not relieved by acetaminophen (Tylenol)

Make An Appointment

[651-290-8707](tel:651-290-8707)

Refer a Patient

[651-325-2200](tel:651-325-2200)

This information is for educational purposes only. It is not intended to replace the advice of your health care providers. If you have any questions, talk with your doctor or others on your health care team.

If you are a Gillette patient with urgent questions or concerns, please contact Telehealth Nursing at [651-229-3890](tel:651-229-3890).