

Rehabilitation Therapies

What Are Rehabilitation Therapies?

Children who experience serious injuries or have complex medical conditions often need help to develop or regain their strength, mobility and independence over time—this is called rehabilitation. Rehabilitation therapies safely address these important needs, helping kids return to their typical environments.

Types of Rehabilitation Therapies

Rehabilitation services can include:

- [Aquatic \(pool\) therapy.](#)
- [Audiology assessments.](#)
- [Comprehensive inpatient rehabilitation care.](#)
- [Nutrition and feeding therapy.](#)
- [Occupational therapy.](#)
- [Physical therapy.](#)
- [Speech and language therapy.](#)

Conditions Rehabilitation Therapies Treat

Rehabilitation therapies can help kids:

- Manage lifelong conditions such as [cerebral palsy.](#)
- Heal from sports-related injuries.
- Recover from extensive surgery.
- Recover from trauma or illness.

Regardless of the condition or reason for therapy, our goal at Gillette Children's Specialty Healthcare is the same: We make sure kids learn how to navigate their world with confidence. For that reason, some of our spaces—such as our rehabilitation therapy kitchens and playgrounds—recreate environments your child encounters in everyday life.

Rehabilitation Therapy Tests and Treatments

Supported by the latest equipment and techniques, your child has many options for outpatient therapy and inpatient care at a Gillette.

In addition to our expert rehabilitation sessions, we collaborate with other Gillette providers to provide:

- **Augmentative and alternative communication** assessments.
- Computer-access equipment and electronic aids to daily living.
- **Constraint-induced movement therapy**.
- Equipment evaluations.
- ImPACT testing and return-to-activity training for **concussions and related neurotrauma**.
- **Nutrition and feeding** evaluations and therapy.
- **Pelvic floor biofeedback**.
- **Robotic assisted locomotor training**.
- **Seating and mobility equipment** assessments.
- **Spasticity evaluations**.
- **Swallowing** studies (videofluoroscopy) for feeding disorders (dysphagia).

Integrated Care

Many kids who have complex conditions and disabilities can improve their function and independence with the help of children's rehab services. Our specialists see more children who have complex conditions than any other facility in the region.

Find out how rehabilitation therapies at Gillette can help your child to succeed.

Your child will work with our team of specialists who understand the challenges of kids recovering from surgery, or who have conditions such as **cerebral palsy**. Gillette offers the Twin Cities' only pediatric comprehensive **inpatient rehabilitation program** certified by the Commission on the Accreditation of Rehabilitation Facilities (CARF). Gillette is one of eight U.S. pediatric inpatient rehabilitation facilities to have CARF accreditation for both its pediatric specialty and pediatric brain injury programs.

As part of a comprehensive treatment plan, your family might work with providers across our many specialties, including:

- **Orthotics, Prosthetics and Seating**.
- **Child life**.
- **Craniofacial and plastic surgery**.
- **Music therapy**.
- **Neurology**.

- [Nutrition and feeding.](#)
- [Orthopedics.](#)
- [Radiology and imaging.](#)
- [Rehabilitation medicine.](#)
- [Social work.](#)
- [Therapeutic recreation.](#)

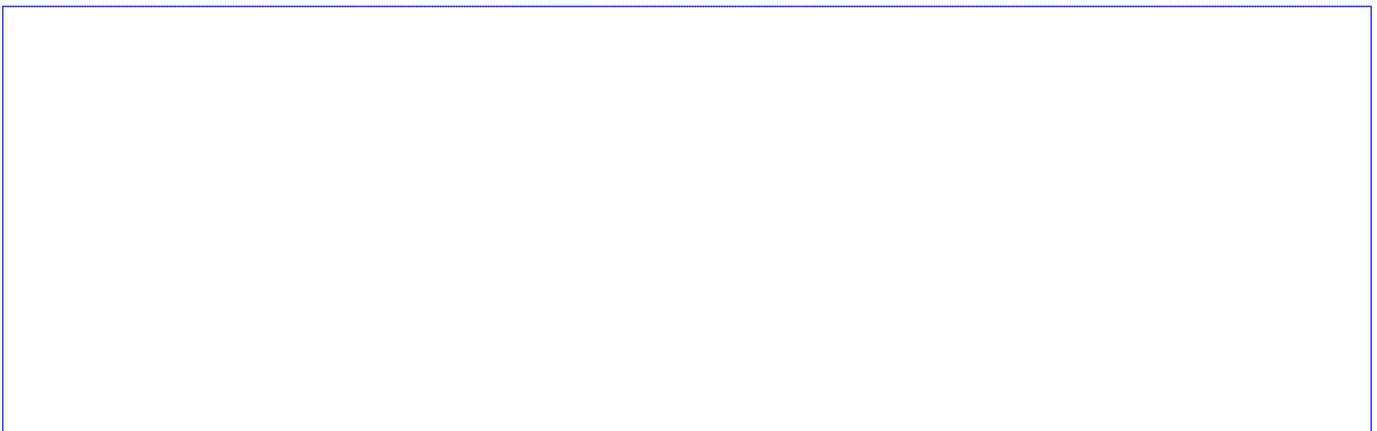
Locations



[St. Paul Campus](#)



[Burnsville Clinic](#)





[Maple Grove Clinic](#)



[Minnetonka Therapies](#)

[Make An Appointment 651-290-8707](#) [Refer a Patient 651-325-2200](#)

This information is for educational purposes only. It is not intended to replace the advice of your health care providers. If you have any questions, talk with your doctor or others on your health care team.

If you are a Gillette patient with urgent questions or concerns, please contact Telehealth Nursing at [651-229-3890](#).