

# Speech and Language Therapy After a Brain Injury

The nurse practitioners in the neurotrauma clinic will refer you to speech and language therapy services if they would like you to have an in-depth assessment of your cognitive function.

## Why Am I Being Referred for Speech and Language Therapy?

Speech and language concerns after a brain injury might include difficulties with: understanding language, quickly recalling and expressing verbal information, using your memory, or other cognitive skills.

## What Can I Expect During My Speech and Language Therapy Evaluation?

The speech and language evaluation will take about 60 minutes. If you wear glasses or hearing aids, please bring them to our appointment. If applicable, please bring your IEP or 504 plan. We'll assess your memory, processing and language skills. Recommendations will be based on your performance.

## Will I Have Ongoing Speech and Language Therapy Appointments?

If we recommend speech and language treatment for you, sessions may vary in frequency and duration. Sessions can be 30 to 60

minutes long. Your therapy may focus on improving:

- Learning and memory for communication (remembering details from conversations, instructions for class, or reading)
- Word finding
- Organization for speech (understanding and expression), reading and writing
- Listening and reading comprehension in difficult situations (noisy places or distracting environments)
- Attention skills (during conversation and in class) and/or problem-solving skills

You may go to any Gillette site (Burnsville, Gillette Lifetime, Maple Grove, Minnetonka or St. Paul) for your appointments.

## When Will I Be Done With Speech and Language Therapy?

Your speech and language therapist will work closely with you, your school and your medical team. If your goals have been achieved or we determine that you no longer need the services, you will be done with speech and language therapy.

[Make An Appointment 651-290-8707](#) [Refer a Patient 651-325-2200](#)

This information is for educational purposes only. It is not intended to replace the advice of your health care providers. If you have any questions, talk with your doctor or others on your health care team.

If you are a Gillette patient with urgent questions or concerns, please contact Telehealth Nursing at [651-229-3890](#).