

Virtual Rehab Therapy

What is Virtual Rehab Therapy?

Once a treatment plan has been set, your child may need rehabilitation therapy. This may include [physical therapy](#), [occupational therapy](#) and/or [speech therapy](#). But traveling for therapy may not be ideal for your family. And some families even feel they get a better experience with at-home therapy. That's why Gillette Children's offers a virtual option for therapy—with the same trusted team of therapists we offer in person.

Virtual rehab therapy includes physical, occupational and speech and language therapy

Treats **lifelong conditions** and helps with **recovery** from injuries, illnesses and surgeries

Some families **prefer the virtual** therapy experience

Benefits of Virtual Rehab Therapy

Why choose virtual rehab therapy over an entirely in-person experience? Here are some of the reasons we've heard from our families:

- It's more convenient to stay home than travel with a child who has a disability or other therapy needs.
- Reduces the child's stress levels by staying in the comfort of home.
- Saves time and gas spent on getting to one of our locations.
- Therapy techniques are tailored to your family's needs, ensuring they work well in your home.
- Therapists are the same ones who offer in-person services.

Who Qualifies for Virtual Rehab Therapy?

Gillette Children's offers many of our rehabilitation services in a [virtual care format](#). Appointments are available to new or existing patients. Patients are considered on a case-by-case basis, and families should contact us to verify eligibility. Learn if virtual care is a good fit for your rehab needs. Call us at [651-290-8707](#).

Make An Appointment

[651-290-8707](#)

Refer a Patient

651-325-2200

This information is for educational purposes only. It is not intended to replace the advice of your health care providers. If you have any questions, talk with your doctor or others on your health care team.

If you are a Gillette patient with urgent questions or concerns, please contact Telehealth Nursing at **651-229-3890**.