

Contact Us

Urgent Questions or Concerns

Telehealth Nursing
651-229-3890

Other Questions About Your Care

St. Paul Clinic patients:
Nurse Call Line
651-578-5000

Patients at Other Locations:
Contact a member of your
Gillette health care team.

Appointments
651-290-8707

Books, DVDs and More

Find materials about
disabilities, medical conditions
and support for caregivers.

Health Resources and Education

St. Paul campus, near
fourth-floor skyway

651-229-3938
hre@gillettechildrens.com

Post-anesthesia Discharge Instructions for Botulinum Toxin Injections

(Botox® Type A)

patient education
DIS008

The Medicine

Botox® (botulinum toxin type A) is a purified neurotoxin used to treat muscle spasticity.

Following the Procedure

There are no restrictions following the injections. Your child may return to normal activities immediately. Depending on the goals after injection, the doctor may order serial casts or may ask for changes in your child's physical therapy program. Your child may bathe, swim and perform any usual activity.

What About the Side Effects?

Dry mouth is the side effect most often reported with Botox®. Patients also have reported flu-like symptoms.

Changes in Muscle Strength

Changes will usually begin to occur after 48 hours and will reach maximum effect in 7 to 10 days. Because the change is gradual, most people have no major difficulty adjusting to the change. During this time, there will be no activity restrictions. Your doctor will order temporary changes in physical or occupational therapy programs, if needed.

Questions or Problems

Contact Telehealth Nursing at 651-229-3890 if any of the following conditions are present:

- Profound weakness
- Difficulties with swallowing or breathing
- Fever over 101.5 F
- Throat irritation
- Severe pain