

200 University Ave. E
St. Paul, MN 55101
651-291-2848
800-719-4040 (toll-free)
651-299-3928 (TDD)
www.gillettechildrens.org

Contact Us

Urgent Questions or Concerns

Telehealth Nursing
651-229-3890

Other Questions About Your Care

St. Paul Clinic patients:
Nurse Call Line
651-578-5000

Patients at Other Locations:
Contact a member of your
Gillette health care team.

Appointments

651-290-8707

Books, DVDs and More

Find materials about
disabilities, medical conditions
and support for caregivers.

Health Resources and Education

St. Paul campus, near
fourth-floor skyway

651-229-3938

hre@gillettechildrens.com

Ear Tube Surgery: Postoperative Discharge Instructions

patient education
DIS016

Diet

Your child may return to a regular diet, as tolerated. Follow general anesthesia guidelines.

Pain/comfort

Give pain medicine as instructed or plain Tylenol for discomfort.

Activity

Regular activity as tolerated. Follow the general anesthesia guidelines. Ask your surgeon if swimming or diving is allowed, and if earplugs should be used.

What to expect

- Low grade fever (99-100 F)
- Thin, watery drainage from the ears (pink, clear or yellow in color or lightly blood-tinged) for several days
- Earache on the day of surgery

The ear tubes should fall out after 6 months to 2 years. When the tube comes out, the hole in the eardrum usually heals within a few weeks.

Questions or Problems

Contact Telehealth Nursing at 651-229-3890 if any of the following conditions are present:

- Severe pain not relieved by pain medicine
- Fever above 101 F
- A bad smell or yellow-green fluid coming from the ears