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800-719-4040 (toll-free)
651-299-3928 (TDD)
www.gillettechildrens.org

Contact Us

Urgent Questions or Concerns

Telehealth Nursing
651-229-3890

Other Questions About Your Care

St. Paul Clinic patients:
Nurse Call Line
651-578-5000

Patients at Other Locations:
Contact a member of your
Gillette health care team.

Appointments

651-290-8707

Books, DVDs and More

Find materials about
disabilities, medical conditions
and support for caregivers.

Health Resources and Education

St. Paul campus, near
fourth-floor skyway

651-229-3938

hre@gillettechildrens.com

Hypospadias Discharge Information

patient education
DIS021

Hypospadias is a condition where the urethra (opening where urine comes out) is on the lower side of the penis instead of the tip. To repair this, a new opening is surgically made on the tip of the penis.

Diet

Follow guidelines as outlined in General Anesthesia handout.

Activity

Activity can be as tolerated, but begin with quiet play. Ask the doctor about bathing.

Pain Management

Soreness in the penis can be expected, as well as pain in the abdomen from stretching of the bladder during surgery. Acetaminophen (Tylenol) and several other medications may be given for pain as directed by your doctor. Loose clothing is most comfortable. While your son is in bed, you may use a lap tray to “tent” the blankets. This avoids any rubbing or pressure on the penis.

Incision Care

A plastic dressing may cover the incision and usually comes off on its own in 4-7 days. If the dressing is still on when your child sees the doctor, it will be removed at that time. The stitches will dissolve in 2-3 weeks. A plastic tube (stent) may have been placed in the penis and is stitched in place. **DO NOT TRY TO REMOVE IT.** You do not need to provide any special care to the tube and it will usually be removed by the doctor within 1-2 weeks after surgery. There should be a constant dribbling of urine and it may be red to pink-tinged.

If a plastic dressing is present and if it slides down to the base of the penis, remove it because it will increase swelling of the penis. If you cannot remove it, call the doctor. When the dressing comes off, apply a small amount of antibiotic ointment (such as Bacitracin or Neosporin) to the incision. Let it melt around the area; do not try to spread it. This should be repeated four times per day for one week. If bleeding occurs, apply gentle pressure to the incision for five minutes. If bleeding persists, contact the doctor.

Questions or Problems

Contact Telehealth Nursing at 651-229-3890 if you see any of the following:

- Fever over 101.5 F
- Throat irritation
- Severe pain