

Contact Us

Urgent Questions or Concerns

Telehealth Nursing
651-229-3890

Other Questions About Your Care

St. Paul Clinic patients:
Nurse Call Line
651-578-5000

Patients at Other Locations:
Contact a member of your
Gillette health care team.

Appointments

651-290-8707

Books, DVDs and More

Find materials about
disabilities, medical conditions
and support for caregivers.

Health Resources and Education

St. Paul campus, near
fourth-floor skyway

651-229-3938

hre@gillettechildrens.com

Postoperative Discharge Information Following Laser Treatment

patient education
DIS023

Diet/Nausea

Follow the guidelines as outlined in the general anesthesia handout.

Site Care

Immediately after treatment, the skin on the lased area may turn dark gray or appear bruised. This may last for up to two weeks.

Do not rub, scratch or pick at the treated area while the bruising/red discoloration is present. Avoid rubbing or pressure caused by clothing. If the area becomes blistered, tender, reddened or shows signs of infection, please call the office immediately.

You may shower but after doing so, gently pat the treated area dry. Infants and toddlers may bathe.

Avoid exposure to the sun. If sun exposure is expected, apply a sunscreen of SPF 30 or higher for eight weeks to prevent pigmentation changes. If the lesion has a scab or if there are tissue changes, cover the area with a dressing while it is exposed to the sun.

Apply antibiotic ointment, Polysporin or Bacitracin, two to three times a day for ten days.

Pain/Comfort

Acetaminophen (Tylenol) or ibuprofen (Motrin) may be given for pain as directed by your doctor.

Questions or Problems

Contact Telehealth Nursing at 651-229-3890 if you see any of the following:

- Bleeding
- Fever over 101 F
- Foul-smelling drainage
- Pain not relieved by acetaminophen (Tylenol)