

Contact Us

Urgent Questions or Concerns

Telehealth Nursing
651-229-3890

Other Questions About Your Care

St. Paul Clinic patients:
Nurse Call Line
651-578-5000

Patients at Other Locations:
Contact a member of your
Gillette health care team.

Appointments

651-290-8707

Books, DVDs and More

Find materials about
disabilities, medical conditions
and support for caregivers.

Health Resources and Education

St. Paul campus, near
fourth-floor skyway

651-229-3938

hre@gillettechildrens.com

Discharge Instructions Following a Shunt Procedure

patient education
DIS033

Following your shunt procedure, you will need to be observed for any changes in neurological status. You need to watch for signs and symptoms of incisional infection.

When to Call Gillette

Call Telehealth Nursing at 651-228-3890 if any of the following conditions are present:

Neurological Status

- Symptoms of increased intracranial pressure including: double or blurred vision, scalp veins extended and/or swelling along shunt lines, nausea and/or vomiting, lack of appetite, seizure activity
- Behavioral changes
- Irritability
- Dizziness
- Headache
- Loss of consciousness or change in alertness
- Stomach pains
- Disorientation (confusion)
- Visual loss
- Weakness in arms and/or legs
- Numbness or tingling in arms and/or legs
- Difficulty with speech
- Lethargy (lack of energy)
- Change in activity or work performance

Signs and Symptoms of Infection

- Swelling or tenderness along the shunt tract
- Heat or warmth at incision
- Redness or streaks near the incision
- Drainage such as pus – yellow or green – or clear fluid from incisions
- Foul or musty odor from incision
- Increased soreness, pain not relieved by pain medicine
- Fever of 101.5° F or higher

Activity

As tolerated.

Bathing/Shampoo

- May bathe or shower
- May shampoo. It may take a few gentle shampoos to remove dried drainage

Diet

Resume normal home diet.