

# Finding Your Way to Duluth Clinic

1420 London Road, Lakewalk Center, Suite 210, Duluth, MN 55805  
218-728-6160 or 800-903-7111 (toll-free)



## From the south - Park Rapids area

From I-35 going north, take Exit 258. Turn left and go one block to London Road. Turn left on London Road and go seven blocks. Lakewalk Center is on your left.

## From the north shore or Canada

Take Highway 61 south, which becomes London Road at 26th Avenue East in Duluth. Continue on London Road for one mile. Lakewalk Center is on your left.

## From the east (Wisconsin)

Take Highway 2 west to Highway 53 north. From Highway 53, take I-35 north. Take Exit 258. Turn left and go one block to London Road. Turn left on London Road and go seven blocks. Lakewalk Center is on your left.

## From the Iron Range

Take Highway 53 south to the Miller Hill Mall corridor, where Highway 53 becomes Central Entrance. Continue south on Central Entrance to the Sixth Avenue East/Mesaba Avenue intersection. Go south (straight) on Sixth Avenue East to Fourth Street. Turn left on Fourth Street and go eight blocks to 10th Avenue East. Turn right on 10th Avenue East and go five blocks to London Road. Turn left on London Road and go two blocks. Lakewalk Center is on your right.



## Finding Your Way to

# Joint Seating Partners – Duluth

Polinsky Rehab Center 530 E 2nd St., Duluth, MN 55805

Phone: 1-218-576-0950



Gillette Children's Specialty Healthcare seating specialists partner with community providers and vendors to offer custom-seating services to adult patients living in greater Minnesota. Please call 651-270-8707 for more information.

### From the north:

Take MN-61 S, then merge onto I-35 S. Continue for about 2 miles, then take exit 256B for Lake Ave. toward 5th Ave. W. Keep right at the fork and merge onto S Lake Ave. In 3 blocks turn right onto E 2nd St., after about 1 mile, turn right (after N 5th Ave. E). The Essentia Health Polinsky Rehab Center will be on your right.

### From the south:

Take I-35 N and continue until exit 256A for Mesaba Ave. Continue onto Mesaba Ave. for about a half mile, then turn right onto W 2nd St. In about a half mile, turn right (after N 5th Ave. E), and the Essentia Health Polinsky Rehab Center will be on your right.

### From the east:

Take MN-210 E/MN-65/E Hwy 210 to merge onto I-35 N toward MN-33/Duluth. Continue on I-35 N for about 20 miles, then take exit 256A for Mesaba Ave. Continue on Mesaba Ave. for about a half mile, then turn right onto W 2nd St. In about a half mile, turn right (after N 5th Ave. E), and the Essentia Health Polinsky Rehab Center will be on your right.

