

DIS125-SO

5% sodium varnish fluoride ayaa maanta lagu mariyay ilkaha. Daaweyntani waxay kusiineysaa xaddiga ugu sareeya ee fluoride ah ee suurto galka ah taas oo wax ku ool u ah ka hortagga suuska ilkaha marka la isticmaalo iyadoo lala kaashanayo barnaamij dhammaystiran oo nadaafada afka ah.

Si aad u hesho faa'iidooyinka ugu badan ee daaweynta maanta, waa in dawada lagu mariyay marsanaato ilkaha dushooda 4ta ilaa 6da saac ee soo socda.

Muddadaas inta lagu guda jiro waxaan ku talinaynaa kuwan soo socda:

- Ha cadayin ilkaha ama dun dhexdooda haku nadiifin
- Ha cunin wax ka badan cunto jilicsan
- Iska ilaali cabbitaanada kulul iyo wax yaabaha ay ku jirto aalkolada

This information is for educational purposes only. It is not intended to replace the advice of your health care providers. If you have any questions, talk with your doctor or others on your health care team.

If you are a Gillette patient with urgent questions or concerns, please contact Telehealth Nursing at 651-229-3890.