

### Kev Rau Txoj Kav Raj Pub Khoom Noj Yog Dab Tsi?

Txoj kav raj pub koom noj (g-tube) yog yuav tau siv qhov txheej txheem hu ua laparoscopy. Laparoscopy yog ib qho tev niv uas muab txoj kav raj yas ntxig mus rau hauv plab ces siv lub koob thaj duab tso raws txoj kav raj yas mus kom pom tus me nyuam lub plab sab hauv. Lub koob yees duab no yog muab tso rau txoj kav raj ntxig ntawm lub qab puj ntaws mus rau hauv. Tom qab ntawv cev ntxig g-tube rau.

### Txoj Kav Raj Ntim Zaub Mov Yuav Pab Tau Li Cas

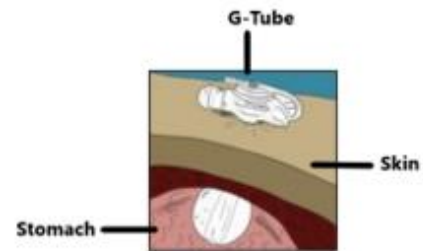
G-tube yog pab tau tus me nyuam txoj kev noj zaub mov ncu ntev.



Avanos Mickey Button



MiniOnE Button ANT



### Thaum Lub Sij Hawm Koj Nyob Hauv Tsev Kho Mob

Tej zaum yuav tau nyob hauv tsev kho mob 1-2 hmos. Koj yuav tau xyaum tu thiab siv g-tube pub khoom noj thiab tshuaj thaum lub sij hawm nyob hauv tsev kho mob. Tus kws khoom noj yuav xaiv cov mis uas tsim nyog thiab qhov npaum li cas nyob rau ib hnuv.

Txhua yam khoom siv uas coj los saib xyuas txoj kav raj thiab siv g-tube pub khoom noj yuav muab los ntawm lub tuam txhab khoom siv kho mob (DME) los sis lub tuam txhab muab kev saib xyuas hauv tsev ua

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ntej koj tawm hauv tsev kho mob. Koj yuav tau txais cov txheej xwm tiv tauj rau lub tuam txhab DME thiab yuav tuaj yeem xaj khoom siv ntxiv raws li xav tau yav tom ntej.

### Kev Tos Rov Zoo thiab Zoo Zuj Zus

Txhua tus me nyuam qhov zoo sai kuj sib txawv, tiam sis cov me nyuam feem ntau lawm lawv yuav rov qab zoo los li ib ob hnuv. Cov me nyuam feem coob, yuav siv cov tshuaj Tylenol (Acetaminophen) athiab/los sis tshuaj Motrin (Ibuprofen) los pab kom txhob mob tom qab phais tag. Cov tshuaj muaj zog tshaj yuav tau siv yog mob heev.

Ntxuav xum npum thiab dej ib cheeb tsam ntawm qhov ntxig g-tube ib hnuv tom qab phais tag. Tsis txhab pleev lotion, cream los sis quav ciab rau ib cheeb tsam phais no. Tsis tas qhwv ntawm ib cheeb tsam uas phais los tau tab sis yog xav qhwv los kuj siv cov ntaub qhwv qhov nqaij to los npog rau. Tsis txhob cia daim ntaub qhwv ntub; hloov tau yog koj xav hloov.

Txuag kom txoj kav raj txhob plam. Yog tias pub khoom noj tsis tu ncuu los sis muab txuas ua ntu zus, siv qhov cuab yeej txuas kom ruaj, xws li lub hu ua Flexi-Track, los tuav txoj kav raj lo rau ntawm daim tawv plab kom khov. Muab lub coj los ntxig tshem tawm txhua zaus thiab kaw hau txoj kav raj thaum tsis siv lawm. Lub coj los txuas rau yuav tsum ntxuav kom huv si txhua hnuv uas yog siv xum npum thiab dej huv thiab hloov tshiab ib lwm tiam ib zaug.



Qhov Khoom Lo Kom Khov Flexi-



Qhov Khoom Txuas  
Rau Txoj Raj

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Koj tus me nyuam tsuas muab dej so dej los sis da dej ywg thawj ob lwm tiam xwb. Da dej hauv lub dab da dej los sis pas dej yuav yog 2 lwm tiam rov saud.

Koj yuav tau tuaj kuaj hauv chaw kuaj mob txhawm rau soj ntsuam tom qab phais mob tag. Thaum txoj kav raj ntxig rau lub cev ntev txog 3 lub hlis koj yuav tau tuaj hauv chaw kuaj mob es hloov txoj kav raj. Peb yuav qhia koj txog kev hloov txoj kav raj thaum koj tuaj kuaj. Txij ntawd mus, txoj kav raj yuav tau hloov 3 lub hlis ib zaug tej zaum hloov hauv tsev los sis tom chaw kuaj mob.

Yog koj pom tias ua npaws kub, xoo pob liab los sis o daim tawv nqaij ib cheeb tsam ntawm G-Tube/ib ncig, qhov n tej zaum yog lub qhov nqaij voos lawm. Hu Telehealth ntawm 651-229-3890.

### Yam Yuav Tau Saib Tom Qab Rau G-Tube

Cov nqaij ntawm lub qhov nqaij ntxob: Qhov no nws yog ib yam uas xeeb txawm muaj nrog g-tube vim cov nqaij muaj zog es nws thiaj ntxob tawm npaj kaw lub qhov. Nws ua xim paj yeeb/liab, nqaij tshiab thiab ua kua faj siv daj tawm los. Qhov no yuav tau soj ntsuam hauv chaw kuaj mob thiab yuav tau siv cov silver nitrate los sis cov steroid cream los pleev rau. Hu teem caij.



Cov Kua Dej Tawm: Muaj tej cov kua dej (xim daj, daj liab, txho, dawb) tawm los ntawm txoj g-tube tuaj yeem ntsia pom ntawm lub plab li tsis muaj dab tsi, cov no cia li muab so tawm los sis hloov daim ntaub qhwv rau xwb.

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Txeej: Qhov no yog ib qho teeb meem uas keev tshwm sim thiab feem ntau yog tus kheej yuav tau txuag. Yog tias nws txeej ntau dhau ces yog koj tus me nyuam tsis tau haus dej txaus thiab khoom noj tsis txaus. Yog koj pom tias txeej, hu Telehealth sib tham txoj hau kev yuav ua li cas kom txeej tsawg xws li pub khoom noj kom qeeb dua qub thiab saib lub kav raj cua tawm. Yog muaj qhov txeej, tiv thaiv daim tawv nqaij kom txhob khaus uas yog muab zinc oxide pleev rau (muab cream pleev daim ntaub qhwv) ntawm lub qhov nqaij, thiab cia daim ntaib qhwv lub qhov nqaij.

Txoj Kav Raj Plam: Txoj kav raj g-tube tuaj yeem yuav plam yog lub nqus nws xoob vim ntub dej los sis cia li yuam kev muab rub tawm. Yog txoj kav raj tseem tshiab thiab (tsis nto 3 lub hlis) thiab plam poob los lawm, muab lub poos pob tso pa thiab muab ntxig rov qab rau lub qhov. Tsis txhob yuam txoj kav raj rau hauv lub qhov. Tsis txhob rov qab muab lub poos pob tso pa dua. Muab txoj kav raj lo rau ntawm lub qhov thiab hu Telehealth lawv yuav qhia koj kom koj koj tus me nyuam mus rau Feem Kho Mob Ti Tes Ti Taw los sis Gillete qhov chaw kuaj mob kom muab txoj kav raj tshiab rau. Yog tsis muaj txoj kav raj nyob rau hauv lub qhov lawm lub qhov yuav nqawm sai heev yog li kav tsij maj nroos mus rau Chav Kho Mob Ti Tes Ti Taw (ED) tam siv.

Ntuav: Yog tias tus neeg mob pib xeev siab thiab nthuav, tsis txhob khawm txoj kav raj g-tube, los sis qhov chaw tso pa muab qhib tawm kom nws dim pa thiab cia kom cov nyob hauv plab lawm los mus. Qhov no hu ua kev tso tawm. Yog tias tus neeg mob yog rau hom Nissen fundoplication, nws tseem ceeb heev uas yuav tau tso kom txoj G-tube dim pa yog tias nws txhaws lawm. Hu rau koj tus kws kho mob yog tias nws tseem tsis dim pa los yog txhaws lawm tsis dim pa li.

Kev Muaj Mob: Yog tus neeg mob ua npaws kub, tej zaum yuav tau hloov cov khoom noj thiab cov mis. Nug koj tus kws kho mob seb puas hloov khoom noj.

Txhaws: Yog tias txoj kav raj txhaws lawm, hu rau Tus Neeg Tu Mob Telehealth thov nws qhia. Kev yaug txoj kav raj thaum pub tshuaj thiab pub khoom noj yuav ua rau txoj kav raj tsis txhaws.

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### Kev Pub Khoom Noj Los Ntawm Txoj Kav Raj G-Tube

Ua ntej yuav pub, saib seb puas tshaib plab tso, yog tias tus neeg mob tus kws kho mobtau qhia li ntawd. Txuasrab koob txau tshuaj, cia cov khoom noj hauv lub plab nws ntwis nws tawm uas yog tuav rab koob kom qis dua lub plab, thiab dhau ntawv mam muab rab koob nqa kom siab kom cov khoom noj maj mam ntwis mus rau hauv lub plab.

Txhawm rau kom paub tias txoj kav raj tseem nyob zoo li qub, maj mam rub txoj kav raj rov qab kom txog thaum hnov tias nws nruj me ntsis mam li tso.

Yog txoj kav raj G-tube yog hom uas muaj lub poos pob tshuab pa, tsis txhob hloov cov dej hauv lub ppos pob es kom nws ceev. Mus ntsib tus kws kho mob yog yuav hloov kom loj kom me.

### Kev Tso Tus Neeg Mob

- Tso tus neeg mob kom nws nyob tau yooj yim tsis hais tias yuav ntseg los sis qaij. Me nyuam mos liab yuav tsum muab tso rau cov me nyuam mos liab lub rooj zaum los sis puag.
- Yog ib qho zoo uas tsis txhob pub mis thaum nws pw. Yog tias yuav tau pub, muab nws tig ua ntsais rau sab xis.

### Naqas Bixinta iyo Neefinta

Xirfadlahaada caafimaadku waxaa laga yaabaa inuu kuu tilmaamo inaad Naqas bixiso (hawo ama cunto laga soo saaro caloosha) kahor ama kadib quudinta ama sidii loogu baahdo Naqas bixinta. Naqas bixintan waxay ku caawineysaa inay raaxo darrada yareyso iyo inay yereyneyso cadaadiska caloosha. Si aad caloosha u naqas bixiso:

1. Ku dhaji tuubada dheereynta badhanka
2. Ka saar cinjirka lagu riixo fuustada saliinge ah 30 iilaa 60ml
3. Ku dhaji fuustada saliingaha tuubada dheereynta korne u qabo

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4. U oggolow dheecaan iyo hawo inay ku qulqulaan fuustada saliingaha (waxa caloosha ku jira ayaa u muuqan doona caano qasan ama dareere jaalle ah oo cad)
5. Haddii uu jiro mug aad uweyn oo dareere ah, dabarka ku xidh tuubada dheereynta. Ku shub koob ama bac Waxa ku jira. Ku celi naqas bixinta ilaa ay dhammeystiranto.
6. Badal waxyaabaha ku jira caloosha. Biyo ku falaash tuubada dheereynta.
7. Bilow ama dib ugu celi quudinta sidii jadwalka caadiga u ahayd.

### Pub Khoom Noj

#### Pub hom cia nws ntw's nws

- Muab tus koob txhaj tshuaj coj mus txuas rau txoj kav raj 60ml g-tube.
- Muab cov kua mis ntim rau rab koom txau tshuaj.
- Nqa rab koob kom siab tshaj tus me nyuam daim tawv plab li 4 txog 4 3/4 inches.
- Maj mam pub, siv sij hawm li 20-30 feeb.
- Muab cov mis uas seem rov txhab rau rab koob ua ntej nqig tag, txhawm rau kom cuab txhob nkag mus rau hauv plab.

#### Pub hom muaj lub nqus

- Muab cov mis ntim rau lub hnab pub.
- Muab cov mis tso kom ntw's txog ntua nram qhov kawg ntawm txoj kav raj kom txhob muaj cua.
- Muab txoj kav raj mus txuas rau txoj kav raj g-tube.

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- Pib qhib lub nqus kom khiav ceev li \_\_\_\_\_ ml nyob rau ib teev.
- Saib ntsoov kom koj tus me nyuam muaj kev nyab xeeb thaum lub sij hawm pub mis. Koj tuaj yeem yuav pab kom tsis txhob muaj teeb meem uas yog muab txoj kav raj tso kom tus me nyuam txhob mus rub txog thiab kom deb ntawm nws tob hau, caj dab, thiab xwb pwg thaum lub sij hawm txuas rau hnab mis.

### Tom Qab Pub Mis

- Tso \_\_\_\_\_ ml dej rau lub hnab pub khoom noj los sis rab koob thiab muab pub lawv qab rau txhawm rau yaug kom txoj kav raj huv.
- Tshem rab koob los sis txoj kav raj los ntawm lub hnab pub khoom noj tawm thiab muab lub hau g-tube kaw rau.
- Yuav tau muab tus me nyuam zaum lu 30 feeb tom qab pub mis tag.

### Tshuaj

- Cov tshuaj uas yuav pub ntawm lub kav raj g-tube yuav tsum yog hom ua kua los sis, yog pom zoo los ntawm tus kws kho mob, cov muab quj mos mos lawm thiab muab dej tso rau kom yaj tso. Zab cov tshuaj uas nws ua fab ua ntsiav. Cov no tej zaum nws yuav mus txhaws txoj G-tube.
- Pub tshuaj siv rab koob uas cia nws ntwis nws. Yog tias txoj kav raj G-tube yog hom ua pob txuas, siv qhov txuas pub cov tshuaj uas quj mos mos. Tsis txhob siv txoj uas nws qaij mus rau sab xis los pub.

- Muaj dej li 10-30 ml los yang tom qab pub tshuaj tag. Koj tus kws kho mob los sis tus neeg tu mob yuav qhia tias siv dej npaum li cas nyob ntawm seb koj tus me nyuam loj me npaum cas thiab yuav tau siv dej npaum cas.

### Koj Pab Neeg Saib Xyuas

Peb cov kws kho mob nyob rau ntawm no pab koj txhua kauj ruam, yog li tsis txhob txaj muag hu rau peb.

Txheej xwm tiv tauj pab neeg phais mob Gillette Pediatric:

- Hu Xov Tooj Kuaj Mob (Telehealth) 651-229-3890
- Thaij Duab Fais Fab Midwest (Midwest Radiology) 651-917-9330
- Teem Caij Thaij Duab Fais Fab Interventional U of M (U of M Interventional Radiology Scheduling) 612-273-6378
- Teem Caij Thaij Duab Fais Fab Me Nyuam Yaus (Children's Interventional Radiology Scheduling) 612-874-5399

Saib Gastrostomy Tube Care Yees Duab ntawm [gillette.mn/G-Tube](https://gillette.mn/G-Tube) los yog luam theej duab QR Code.



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