

EDR048-HM

Kev looj lub cuab yeej tswj ceg, los sis lub hnab looj tswj ceg, tej zaum yuav yog ib yam uas koj thiab koj tsev neeg ntsib tshiab. Ntawm no yog ob peb nqe lus qhia uas yuav pab koj kom swm nrog koj lub(cov) cuab yeej looj tswj ceg raug mob.

Kev Looj Rau

Nws tuaj yeem siv sij hawm ntev txog li ib vij thiaj li yuav swm kev looj lub hnab looj tswj ceg raug mob raws li ncuaj sij hawm koj tus kws kho mob teeb tseg. Nyob rau ob peb hnub xub thawj, looj lub hnab looj tswj ceg raug mob ib zaug li 1-2 xuab moos, tag ntawd so li 30-60 feeb. Txhua tej hnub ntxiv sij hawm me ntsis ntxiv kom txog thaum koj mus txog rau lub sij hawm looj uas teeb tseg.

Saib Xyuas Tawv Nqaij

Kev pov thaiv thiab kev tiv thaiv yog cov tseem ceeb rau kev saib xyuas tawv nqaij uas zoo vim nws nyuaj uas yuav kho cov teeb meem ntawm tawv nqaij thaum nws tshwm sim lawm.

Yuav tsum rau lub hnab looj taw kom huv, qhuav los sis lub hnab looj taw ntev tuaj hauv qab ntawm lub hnab looj tswj ceg raug mob txhua sij hawm. Rub kom nruj kom tsis txhob muaj cov kab txoom nyob hauv qab lub hnab looj tswj ceg raug mob. Hloov txhais hnab looj taw txhua hnub. Yog tias koj tawm hws, hloov nws kom heev me ntsis ntxiv. Qhov noo tuaj yeem tsim ua rau tawv nqaij po, muaj kab mob npev taws lias thiab tsw ntxhiab.

Koj yuav tsum ntsuam xyuas koj li tawv nqaij tas li seb puas pom muaj cov cim xim liab los sis xim paj yeeb. Yog tias muaj cim xim liab los sis xim paj yeeb nyob rau ntawm koj li tawv nqaij ntev tshaj li 30 feeb, los sis yog tias lub hnab looj tswj ceg raug mob ua rau tsis xis nyob, tej zaum yog nws nruj dhau lawm thiab koj tsim nyog txuas lus rau koj tus kws kho mob nruab lub cuab yeej tswj ceg raug mob.

Zam kev siv cov tshuaj pleev tawv nqaij, tshuaj pleev thiab roj rau ntawm tawv nqaij, vim cov khoom no yuav tsim ua rau tawv nqaij mos tuaj thiab tej zaum yuav tsim ua rau ua hlwv los sis lwm yam pob khaus rau ntawm tawv

nqaij. Witch hazel, yog lub tshuaj uas pom muaj muag raws khw muag tshuaj, uas tuaj siv tau los pleev kom tawv

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nqaij ntxhib. Siv lub tshuaj witch hazel los pleev daim tawv nqaij thiab maj mam txhuam kom txog thaum nws qhuav.

Yog tias muaj teeb meem xws li ua pob, lub qhov nqaij raug mob rua, o, hnov ncus dhau lawm los sis mob heev, ces kav tsij siv lub hnab looj tswj ceg raug mob mus ntxiv thiab txuas lus rau koj tus kws kho mob los sis tus kws kho mob nruab lub cuab yeej looj tswj ceg raug mob.

Kev Tu Lub Hnab Looj Tswj Ceg Raug Mob

Tu lub hnab looj tswj ceg raug mob yam tsawg kawg ib hnub ib zaug uas siv me ntsis xab npum thiab dej sov los sis cawv los ntxuav. Koj tuaj yeem so tau cov ntaub uas nplaum rau lub hnab looj tswj ceg raug mob ib yam nkaus (nws yuav tsis muaj kev phom sij dab tsi). Muab koj lub hnab looj tswj ceg raug mob tso cia kom qhuav ua ntej rov qab muab nruab rau.

Cov Kev Teem Caij Taug Qab Saib

Cov kev teem caij taug qab saib yog qhov tseem ceeb tshaj plaws txhawm rau ua kom ntseeg siab tias thaum koj looj lawm los, lub hnab looj tswj ceg raug mob tseem haum thiab siv tau zoo. Thaum twg los xij, yog tias yuav tsum tau kho koj lub hnab looj tswj ceg raug mob los sis saib zoo li tsis haum lawm, koj tuaj yeem ua tau kev teem caij sib ntsib nrog rau chav hauj lwm OPS (Cuab Yeej Tswj Ceg Raug Mob, Tes Taw Cuav thiab Chaw Zaum).

Tej zaum koj yuav tau mus ntsib koj tus kws kho mob txhua - txhua 4-6 hli txhawm rau ua kev kuaj xyuas. Nws yog qhov zoo tshaj plaws yog tias koj tuaj yeem mus ntsib tau koj tus kws kho mob nruab lub cuab yeej tswj ceg raug mob nyob rau hnub ntawd. Thaum ua kev teem caij sib ntsib nrog rau chaw kuaj mob, nco qab ntsoov thov qhov kev teem caij sib ntsib nyob rau OPS kom thiaj tau ntsuam xyuas koj lub hnab looj tswj ceg raug mob.

Rau cov lus nug/cov kev txhawj xeeb hais txog lub cuab yeej tswj ceg raug mob, thov hu rau 651-290-8707 txhawm rau ua qhov kev teem caij sib ntsib.

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