

# Craniofacial and Plastics

## Conditions Best Evaluated Sooner Rather than Later:

### Head shape concerns

- **Craniosynostosis**

The earlier craniosynostosis is diagnosed the better. After diagnosis, surgical planning and workup can begin.

- **Plagiocephaly**

If positional plagiocephaly is severe enough to require helmet therapy, it is best initiated between 4 - 6 months of age.

- **Torticollis**

If torticollis is diagnosed, physical therapy is best initiated between 2-4 months old to help achieve equal range of motion and prevent or improve plagiocephaly.

### Cleft lip and palate

Gillette is an American Cleft Palate-Craniofacial Association (ACPA) certified team that offers a multispecialty team approach to cleft care, including a craniofacial surgeon, feeding specialty team, speech therapist, pediatric ENT, social worker, dietician, dentist and orthodontist.

### Hemangioma

If the family is interested in medical intervention to stunt the proliferative phase, it is best to initiate before 3 months old.

### Polydactyly

If on a small stalk, this can be removed in clinic under local anesthetic to avoid general anesthesia exposure. The younger the child, the easier it is to do in the clinic setting.

### Ear molding

Maternal estrogen keeps the ear cartilage soft for a few weeks after birth. If ear molding is to be successful, it is best initiated in this time frame.

## Conditions Best Seen Close to 1 Year of Age:

We recommend deferring elective surgical procedures until after 1 year of age to avoid early general anesthesia exposure. We see consults at any age.

### Dermoid cysts

Unless causing functional concern.

### Benign skin lesions

#### Syndactyly

#### Scar revision

#### Capillary malformations / Port Wine stains

#### Trigger thumb

## Adolescent

### Gynecomastia

### Macromastia (breast reduction)

### Poland syndrome



## Contact Gillette

We are always available for provider-to-provider phone consultation, if unsure of what and when to refer to our clinic.

**Provider Referral Line**  
651-325-2200

**Fax Referral**  
651-726-2622

**Patient Scheduling**  
651-290-8707

## Contact a Provider Relations Liaison

[providerrelations@gillettechildrens.com](mailto:providerrelations@gillettechildrens.com)

## Minnesota Locations

Gillette Children's - St. Paul Campus

Gillette Children's - Burnsville Clinic

Gillette Children's - Mankato Clinic

Gillette Children's - Maple Grove Clinic

Services vary by location.

