

DIS042-HM

Koj tus me nyuam nyuam qhuav tshem nws txoj kav raj pub khoom noj (gastrostomy tube) tawm lawm.

Nws tseem tsis tau muab lwm txoj kav raj los sis lwm qhov cuab yeej coj los hloov.

Lub qhov yuav nqawm nyob rau peb txog xya hnuv.

Kev tu lub qhov nqaij ntawm txoj kav raj zaum no yog ua raws li hauv qab no:

- Muab dej thiab xab npum ntxuav, yaug, thiab muab khaws cia kom qhuav qhawv txhua hnuv.
- Muab daim ntaub qhwv tais ua 4x4 tsem npog rau lub qhov nqaij thiab muab ntaub nplaum ua twb zoo lo rau.
- Txhua zaus uas daim ntaub qhwv ntub lawm, muab tshem tawm, muab dej ntxuav lub qhov nqaij, ua kom qhuav, thiab muab dua daim ntaub qhuav los qhwv rau.
- Yog tias ib ncig ntawm lub qhov nqaij mob los sis ua xim paj yeeb, muab cov zinc oxide (Desitin) pleev ib txheej rau txhawm rau tiv thaiv nws. Cov quav ciab no tsis tas yuav muab ntxuav tawm txhua hnuv. Yog muab ua twb zoo ntxuav tawm los haj yam zoo, nws yuav muag dua los sis xooob dua yog pleev cov me nyuam yaus cov tshuaj pleev tawv nqaij los sis roj ua noj. Lub qhov nqaij tuaj yeem ua twb zoo muab so thiab ntxuav tawm.
- Yog tias tseem muaj kua faj siv tawm tsis tu ncua li ob lim tiam, tus kws kho mob los sis tus neeg tu mob uas nws tshem txoj kav raj gastrostomy tawm.

Yog muaj lus nug thiab muaj teeb meem

Tiv tauj Telehealth Tus Neeg Tu Mob Ntawm **651-229-3890** Yog koj pom ib yam dab tsi hauv qab no:

- Ua npaws kub tshaj 101.5 F
- Mob plab
- Ntuav
- los ntshav hauv lub qhov nqaij los

This information is for educational purposes only. It is not intended to replace the advice of your health care providers. If you have any questions, talk with your doctor or others on your health care team.

If you are a Gillette patient with urgent questions or concerns, please contact Telehealth Nursing at 651-229-3890.