

# Partners **in** Care Journal

Continuing Dialogue Between Primary and Specialty Care

JANUARY 2018



## FEATURED

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**Gillette Serves as a Resource  
for Primary Care**  
*By Arthur Beisang, MD*

**Complex Care Clinic Creates  
Roadmap to Wellness**

*Arthur Beisang, MD*



## Gillette Serves as a **Resource for Primary Care**

*By Arthur Beisang, MD*

For the first 15 years of my career, I worked as a general pediatrician.

Point being, I've been in your shoes. I know how difficult and stressful it can be to provide care for a large number of patients while adhering to limited appointment windows, and worrying about RVUs.

At Gillette, most of the patients we see have complex musculoskeletal, neurological and neurodegenerative illnesses. We know that our patients—through no fault of their own—rarely fit neatly into a primary care practice clinic flow.

These patients require time and expertise that can be as scarce as the rarity of their conditions. That's why Gillette is here. Treating these patients has been our primary focus for decades, and we've gotten very good at it over the years.

That said, while we have the infrastructure to do a great many things, primary care is not one of them.

We know that the best care for our patients only happens when we collaborate with their local primary care providers. Ours is a partnership founded out of mutual respect, and the singular goal of helping our patients achieve their potential.

We're here to be a resource. If you have a question about one of your patients, or would like to make a referral, don't hesitate to call.

Thank you,  
Arthur Beisang

**For more information about care at Gillette, or to learn how you can refer your patients, please call 651-325-2200 or 855-325-2200 (toll-free).**

## **New Aerodigestive Clinic at Gillette**

In October 2017, Gillette opened an Aerodigestive Clinic at our St. Paul campus. Aerodigestive conditions involve disorders of the respiratory and digestive systems, including the mouth, throat, lungs and esophagus.

Many of the patients we treat in the Aerodigestive Clinic may have trouble feeding or swallowing, or struggle with aspiration or excessive saliva production. We approach treating these disorders by combining the expertise of several specialists in one comprehensive appointment, which significantly reduces strain on our patients and families.

The Aerodigestive Clinic is staffed by a multidisciplinary, collaborative team that includes:

- Anesthesiology
- ENT
- Gastroenterology
- Nutrition
- Pediatrics
- Pulmonology
- Respiratory Therapy
- Social Work
- Speech Pathology

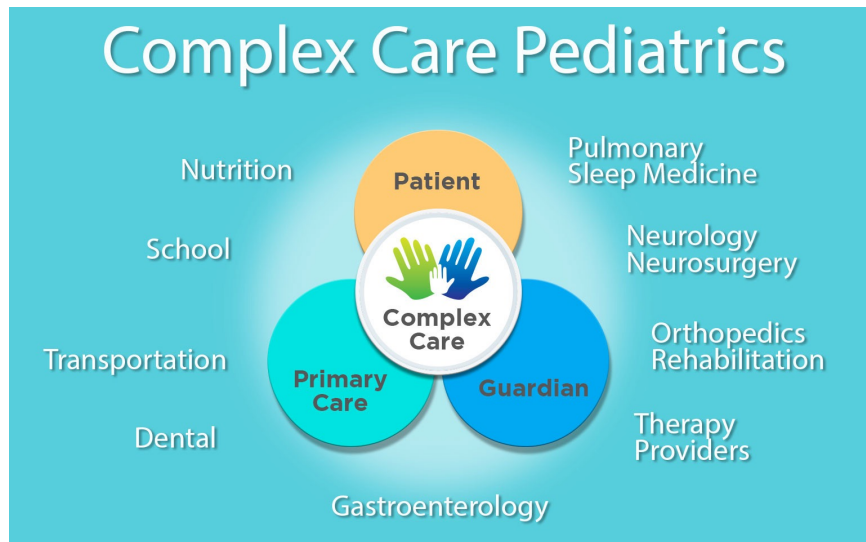
Having this many respective experts dedicated to your patient means that they will receive a comprehensive evaluation on their first visit, and we'll work with you to put together a care management plan for what lies ahead.

Approximately 75% of patients seen in the Aerodigestive Clinic will benefit from some type of procedure. Common procedures resulting from an aerodigestive evaluation may include:

- Airway evaluation
- Anti-reflux surgery
- Botulinum toxin injections into the salivary glands
- Bronchoscopy
- Impedance probe studies
- Salivary gland surgeries
- Sedated endoscopy, tracheostomy and impedance probe placement (combination)
- Tracheal diversion
- Vital stimulation

Many patients benefit from a triple endoscopy, which looks at the larynx, bronchi and esophagus. The benefit of the test allows comprehensive evaluation with only one episode of anesthesia. This test may pinpoint the cause of aerodigestive concerns.

# Complex Care Clinic Creates Roadmap to Wellness



## Our Team



Madeleine Gagnon, MD



Jean Stansbury, APRN, CNP



Savannah Mishler, LPN



Diane Swazee, Physician Administrative Assistant



Jake Henry, Patient Access Specialist

## What is Complex Care?

Complex care at Gillette focuses on centralizing and coordinating care for children and young adults who have chronic and complex medical conditions. Our goal is to maximize the quality of life for our patients.

## Whole Patient

Instead focusing on one primary area such as rehabilitation or orthopedics, we look at the whole patient, from head-to-toe. We use an integrated approach to assess current problems, anticipate future needs, and help with scheduling to ensure those needs are met.

## It's About Partnerships

We partner with our patients' guardians, primary care providers and sub-specialty physicians to put together a plan to quarterback their care for the coming year. For more information about the Complex Care Clinic at Gillette, please call **651-578-5098**.

**Dan Miller, MD**, recently assumed a role as a pediatric orthopedic surgeon at Gillette Children's Specialty Healthcare. Miller completed medical school at Mount Sinai School of Medicine, did his residency at Columbia University Medical Center, and completed a fellowship in orthopedic surgery at Children's Hospital of Philadelphia.

Miller specializes in treating children who have early-onset spinal deformities.

*"At Gillette we treat patients who often have incredibly complex medical needs, but we also treat children who have more common orthopedic and spinal conditions like idiopathic scoliosis. If you have a patient that is in need of a consult, send them our way and we'll work with you to ensure they receive timely, compassionate, and optimal care."*



# Partners in Care Journal

JANUARY 2018

*Partners in Care Journal* is a publication of Gillette Children's Specialty Healthcare.

Direct comments and questions to  
AndreasOAarsvold@gillettechildrens.com.

Gillette Children's Specialty Healthcare provides specialized health care for people who have short-term or long-term disabilities that began during childhood. We help children, adults and their families improve their health, achieve greater well-being and enjoy life.

To refer a patient,  
call 651-325-2200  
855-325-2200 (toll-free)  
gillettechildrens.org



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## EDUCATION AND EVENTS FOR PROVIDERS

### Partners in Care Webinar Series



Thursday, January 11  
12 p.m.

John Sytniak & Eric Flam  
*Pediatric Orthotic and Seating Interventions*



Wednesday, February 14  
12 p.m.

Katie Bucka, APRN, CNP & Martha McGrory, APRN, CNP  
*Feeding a Child with a Cleft Lip/Palate*

### Medical Conferences

Thursday, March 8  
7:30 a.m. – 4:30 p.m.

*A Continuum of Care for Craniofacial Disorders:  
The Integration of Medicine and Therapy*  
Minnesota History Center

Visit the website to register  
[gillettechildrens.org/cme](http://gillettechildrens.org/cme)