Referral Guide

Rehabilitation Medicine Services



Subspecialties and Services

We provide specialized care through a variety of inpatient and outpatient services designed to meet the unique needs of each child, including:

- Inpatient and outpatient rehabilitation therapy services
- Level 1 Trauma Center
- Brain injury rehabilitation
- Spinal cord injury rehabilitation
- Post-surgical rehabilitation
- Neuromuscular rehabilitation
- Dystonia and spasticity management
- Developmental delay evaluation
- Pediatric stroke rehabilitation

Comprehensive Inpatient Rehabilitation

Gillette provides comprehensive rehab for the following conditions and after:

- Selective dorsal rhizotomy (SDR) surgery
- Single event multilevel surgery (SEMLS)
- Injury to the brain from lack of oxygen following submersion or suffocation
- Spinal cord injury and related neurotrauma
- Infections such as meningitis or encephalitis
- Neuroimmunological conditions such as transverse myelitis, Guillain-Barre syndrome, or Acute Disseminated Encephalomyelitis (ADEM)
- Tumor removal from the brain or spinal cord
- Brain injury and related neurotrauma
- Other traumatic injuries or stroke

Gillette Children's is a member of the World Rehabilitation Alliance (WRA), a World Health Organization (WHO) global network of stakeholders whose mission is to support the implementation of the Rehabilitation 2030 Imitative.

Provider Referral



Provider Access Line 651-400-2525



Online referral gillettechildrens.org /referral



ProviderRelations@gillettechildrens.com



Patient scheduling 651-290-8707



After Your Patient's Appointment

You will receive consultation notes and diagnostic test results promptly to keep you informed about your patient's care. Our clinical team is also available for peer-to-peer discussions and ongoing coordination of specialty care with primary care providers.

Questions?

The Gillette provider relations team is here to support you and your staff with referral questions and to ensure a seamless experience. We welcome your feedback—please share any suggestions or concerns.

ProviderRelations@gillettechildrens.com

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When to Refer

Conditions Best Seen as Soon as Possible:

Early referral to our Rehabilitation team is crucial for optimal outcomes. Consider referring patients with the following conditions:

- Brain injuries: patients recovering from traumatic or acquired brain injuries requiring rehabilitation to improve cognitive and physical function
- Complex movement disorders like chorea, dystonia, and tardive syndromes
- Developmental delays: children experiencing delays in motor skills, speech, or daily living activities
- Pediatric multiple sclerosis and other neuroimmunological conditions
- Neuromuscular disorders such as cerebral palsy, muscular dystrophy, or spina bifida affecting movement and function
- Post-surgical rehabilitation: patients recovering from orthopedic or neurosurgical procedures requiring specialized rehabilitation services
- Spinal cord injuries: individuals needing rehabilitation to regain mobility and independence after spinal cord injuries

Developmental Evaluation

At a Developmental Evaluation, children under 27 months old will see a multi-disciplinary team including pediatric neurology, rehab medicine (PM&R), and physical or occupational therapy. Our neurodevelopmental experts often look for risk factors and signs like:

- Children born before 33 weeks
- Needing extended oxygen support in a neonatal intensive care unit or upon discharge
- · Abnormal head ultrasound
- Illness at or around the time of birth
- Hypoxic ischemic encephalopathy, with or without cooling protocol
- Persistent fisting hands
- Persistent head lag
- Delayed sitting
- Stiffness or tightness in legs
- Hand preferences before 12 months
- Asymmetry in postures or movements

We analyze results from multiple assessments and work with families to create a comprehensive treatment plan.

Our Expertise

In addition to our globally-recognized Cerebral Palsy Institute, our multidisciplinary team includes:

- Pediatric rehabilitation medicine physicians
- Occupational therapists
- Physical therapists
- Rehabilitation nurses
- Speech and language pathologists

This collaborative approach ensures that each child receives individualized care tailored to their unique needs.

Diagnostic and Treatment Modalities

Utilizing state-of-the-art technology and techniques, our services encompass:

- Advanced diagnostics
- Assistive technology assessments
- Comprehensive medical evaluations
- Individualized therapy plans
- Family education and support

Our goal is to minimize the need for surgery while maximizing outcomes, ensuring each child achieves their fullest potential.









